

Join us for National Bike Month

Lee's Summit is full of trails, paths, parks, and on-road cycling accommodations. Have you tried any out? The month of May is a great opportunity, be a part of National Bike Month. According to bikeleague.org, "May is National Bike Month, sponsored by the League of American Bicyclists and celebrated in communities from coast to coast. Established in 1956, National Bike Month is a chance to showcase the many benefits of bicycling — and encourage more folks to giving biking a try."

Biking is not just for kids, there are many bikers or cyclist in our active community. If you are a novice that bikes for fun or you are in training for a cycling event, you can do so in our city. Here is a listing of some popular bike paths:

Longview Lake-Over six miles of trails go around Longview Lake. This trail has great scenery and can be used by all skill levels. Visit jacksongov.org for trail details.

Lee's Summit Parks-Lee's Summit Parks and Recreation has a list of each city park and the amenities. Most of our parks have paved trails that are great for walking and biking. Visit cityofls.net for a park map.

Lee's Summit Greenway Trail- A proposed plan for 38 miles of trails and paths linked throughout Lee's Summit. This is an ongoing project and updates can be found at cityofls.net.

Lee's Summit Bikeways - A proposed plan with over 100 miles of on-road bikeways or bike routes networked throughout Lee's Summit in coordination with the Greenway system. This too is an ongoing project (Bicycle Transportation Plan) with more information and maps found at cityofls.net.

If you want to join in on some summer bike events, there are plenty to choose from. Here is a list of some local events coming up.

Spring Spin, Hartman Park Lee's Summit, April 25th,
Art and Artifacts Fair, Downtown Lee's Summit, May 16, 2015
Tour of Kansas City, Kansas City, MO, May 29th
Tour de Lakes, Longview Lake, June 27th
Junior Triathlon, Longview Lake, July 26th
Jackson County Triathlon, Longview Lake, August 16th

This is a great time of year to pull out your bike and go for a ride. Remember to take advantage of our Lee's Summit trails and parks, or even try out an event. For more information on biking in Lee's Summit visit www.lsab.com.

Molly Wichman, a Lee's Summit resident and member of the Livable Streets Advisory Board, a mayor-appointed, volunteer board whose goals include working to make our community and our streets more "livable," safe and accessible for all of our citizens.